

Central Autumn
Winter Menu 2024
2025

WEEK ONE

28/10/2024
18/11/2024
09/12/2024
13/01/2025
03/02/2025
03/03/2025
24/03/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option one	NEW Tomato & Vegetable Pasta	Cottage Pie with Gravy	CHICKEN SHACK Peri Peri or BBQ Chicken** or	Meatballs in Tomato Sauce with Rice	Salmon Fishfingers/ Fishfingers with Chips & Tomato Sauce
Option two	Mexican Fajitas with Rice	NEW Creamy Chickpea and Coconut Curry with Rice	Quorn with Diced Seasoned Potatoes & Sweetcorn Salsa	NEW Cheese and Broccoli Pasta with Garlic Bread	Mexican Bean Roll with Chips & Tomato Sauce
	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Blackberry and Apple Crumble with Custard	Melting Moment Biscuit	Fruit Platter	Carrot and Courgette Cake	Chocolate Orange Cookie

WEEK TWO

04/11/2024
25/11/2024
16/12/2024
20/01/2025
10/02/2025
10/03/2025
31/03/2025

Option one	Classic Cheese and Tomato Pizza	NEW Chicken** Pasta Bake with Garlic Bread	Pork Sausage or Chicken sausage** and Mash with Gravy	Chicken** Tikka Masala with Rice	NEW Tuna Pasta Bake or Fishfingers with Chips & Tomato Sauce
Option two	Or Rainbow Pizza With Potato Wedges	Chinese Vegetable Curry with Rice	Vegan Sausage and Mash with Gravy	NEW Mild Mexican Chilli with Rice	Cheese and Tomato Quiche with Chips & Tomato Sauce
	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Marble Sponge Cake with Custard	Jelly with Mandarins	Fruit Medley	Peach Cake	Oaty Cookie

WEEK THREE

11/11/2024
02/12/2024
06/01/2025
27/01/2025
24/02/2025
17/03/2025
07/04/2025

Option one	Macaroni Cheese	NEW Mild Caribbean Chicken** with Rice and Peas	Gammon Roast of the Day with Stuffing, Roast Potatoes and Gravy	Spaghetti Bolognaise	Breaded Fish with Chips & Tomato Sauce
Option two	Plant Balls in Tomato Sauce with Rice	NEW Caribbean Butterbean Stew with Rice and Peas	Vegan Cottage Pie with Gravy	NEW Hot Pot Baked Bean Casserole with Rice	Cheese and Pepper Omelette with Chips & Tomato Sauce
	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Chocolate and Beetroot Brownie	Sticky Toffee Apple Crumble with Custard	Fruit Salad	NEW Savoury Cheese Scone	Vanilla Shortbread

MENU KEY

Added Plant Power Wholemeal Vegan ****Halal options available**

Available Daily: Freshly cooked Jacket potatoes with a choice of fillings.
Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.